

The mission of Temecula UMC Community

We seek to shepherd all To worship God To follow Jesus Christ And grow in faith Through the Holy Spirit

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TUMC
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Temecula United Methodist Church

THE MESSENGER

October, 2008

Volume MMVIII. Number 10 Issue 124

t's Here! Our eleventh annual Craft Faire will be held Saturday

October 11th from 8:30 a.m. to 3:00 p.m.

Proceeds help support community and TUMC mission and outreach programs.

Over 65 vendors of high quality handcrafted items are confirmed. Featured items include stained glass, Mission style furniture and wooden bowls, dolls, handmade chocolates, paper crafts, sewing arts, floral and home decor, candles, jewelry, holiday crafts and more!

Enjoy a continental breakfast or a lunch at nominal cost. Visit the UMW Book/Music/Video sale or take home some delicious goodies from the Bake sale. Donations for the book and bake sales are still needed.

Volunteers are needed to help clear the sanctuary on Friday afternoon and to reset the sanctuary on Saturday afternoon. Help is also needed with the book and bake sales. Please sign up on the volunteer sheet in the breezeway.

Holiday shopping begins here! Bring your family and friends. Come join in the fun! See you there.





Sunday Schedule Worship 9:00 a.m.

Nursery Care for infants & toddlers to age 4 Traditional Sunday School Ages 4—11

Worship 10:30 a.m.

Hillside Room is available w/closed circuit TV for anyone with restless children.

Combined Jr. & Sr. UMYF 5:00-8:00 p.m.

Pastor:

The Rev. Dr. Randy Johnson Phone: (951) 676-1800, ext. 11 E-mail: randy@temeculaumc.com

Pastoral Consultant: Rev. David Brostrom

Phone: (951) 676-1800, ext.13 E-mail: davidbrostrom@hotmail.com

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The Rev. Dr. David French

E-mail: connie.french1@verizon.net

Children's Ministry:

Co-Director: Cris Argenbright Co-Director: Sandra Hansen Co-Director: Deb Severns

Co-Director: Tammy Waddleton

Nursery Coordinator: Rosann Cunningham

Phone: (951) 676-1800, ext. 14 E-mail: kids@temeculaumc.com

Director of Music:

Earl Fields

E-mail: act4u5@verizon.net

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Youth Ministry Director:

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Mary Kottman

Phone: (951) 676-1800, ext. 10 E-mail: tumc@temeculaumc.com Church office hours: *9—4 Mon.-Fri.*

From the Pastor

Three Questions

I am sure that we all celebrate and welcome the fourteen new members that we received in September. As they bring their hopes and dreams for what belonging to a church can mean, I hope all of us hear the call to welcome them, get to know them, and help make TUMC the kind of church that people not only join, but stay in!

Lyle Shaller, a prolific United Methodist writer recently wrote an article on the impact of church competition. He stated that today folks choose a church home not on the basis of denomination or geography but in response to three questions that all new worshippers ask.

Question #1: How many people here look like me? There is a real challenge for any local church to "look like" the community the church serves. All across southern California, churches no longer look like the communities they serve and this is a major problem. It's important that TUMC reflects the ethnic diversity, economic diversity, and age demographics of our area.

Question #2: Can this church meet both my personal and my religious needs? Again, this is a big one for any church. Religious "needs" and "preferences" vary greatly and it's a real challenge to meet such varied spiritual needs. That's one reason we need a variety of "entry points" with vital study, support, and fellowship groups. Worship needs to touch a wide variety of "spiritual hearts." No church can meet everyone's "needs" but we need to meet as many as we can as well as we can.

Ouestion #3: Will this congregation help me rear my children? Children are our <u>present</u> and not only our future. We need to make supporting families and <u>teaching</u> children a high priority. Now is the time!

May we all work together to help, "yes" be the answer to these three important questions.

Pastor Randy

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CHRISTIAN EDUCATION

Submitted by Gloria Galvez

The "Philippians" Tagalog Bible Class for the month of October 1008

Oct 5th - "Empowered to Be a Community"

Purpose: To emphasize that the Spirit empowers the community of faith to overcome the barriers that

divide people.

Bible Lesson: Acts 2: 1-17a

Key Verse: Acts 2: 4

Oct 12th - "Expansion of the Community"

Purpose: To discern the guidance of the Spirit in our decision-making in the faith community.

Bible Lesson: Acts: 6: 1-5, 8-15

Key Verse: Acts 6: 7

Oct 19th - "Transformed to Witness to the Community"

Purpose: To understand conversion as a new way of seeing, thinking, and living.

Bible Lesson: Acts 9: 1-11, 16-19a

Key Verse: Acts 9: 17b

Oct 26th - "Commissioned by the Community"

Purpose: To see our mission as Christians as being sent into the world to represent the cause of Christ.

Bible Lesson: Acts 13: 1-12 Key Verse: Acts 13: 3

Sunday Adult Bible Study with Joe Hughes at 9:00 a.m.

We are using the DVD series "The Apostles" to guide the study, "The Life and Times of the Apostle Paul". This study began on September 7th and meets weekly on Sundays at 9 a.m. in Room 6. All are welcome.

This study looks at the life of Paul from the time of his education in Jerusalem under Rabbi Gamaliel, through his conversion to Christianity, and looks in depth at his efforts to spread Christianity. Please feel free to join the discussion. Contact Joe Hughes.

Tuesday Ladies' Bible Study at 9:30 a.m.

What's So Amazing about Grace by Philip Yancy is the book being used for the present study. Meet in the Youth Room. Contact Karen Benvenuto.

Wednesday Pastor's Scripture Study at 10:00 a.m.

Pastor Randy reads, reviews and answers your questions regarding the following Sunday's Scripture. Meet in the Music Room.

Thursday Men's Bible Study at 7:00 p.m.

A new study on the Book of Psalms will begin the following Thursday, 9/25, 7:00 PM. Jack Jankowski will serve as study facilitator. Join fellow men for evenings of invigorating discussion, learning and fellowship. Meet in the Youth Room.



Fall Retreat for TUMC Men

Join fellow TUMC men on Saturday, November 1st, for a one day retreat at the Vina de Lestonnac Retreat Center, 39300 De Portola Road, in Temecula. The day will begin with breakfast at 7:30 a.m., followed by ample time for fellowship and sharing stories of personal life journeys. The retreat will end at approximately 5:00 PM. Cost is \$40, includes breakfast and lunch.

See the preliminary program, and sign up in the breezeway at TUMC for an invigorating and inspirational day. **Out to Lunch Bunch -** Wednesday, October 1st at noon. Join this group of ladies for their monthly lunch and camaraderie at the Asian Seafood Buffett in Murrieta. Sign up in the breezeway or call Marilyn Barger or Bea Waite.

Yoga for Life – The first, second and fourth Thursday of each month at 10 a.m. in Room 1. Taught by Deb Potts, R.Y.T. and Certified Yoga Therapist.

MONKS Breakfast Meeting - Saturday, October 11th at 8 a.m.

His Voice – Christian Men's Chorus – Sunday, October 12th at 3 p.m. at TUMC. Refreshments following concert.

Craft Faire - Saturday, October 11th from 8:30 a.m. to 3 p.m. See page 5.

UM Women General Meeting – Thursday, October 16th at 10 a.m. followed by luncheon.

All Church Garage Sale – Saturday, October 25th – Let's all help to make this the biggest yard sale TUMC has ever sponsored!



Storage available! Bring your items to church or call for pick up 676-1800, ext. 10.

Clean out your garage or your home and save those discarded items for our garage sale.

Furniture lamps electronics tools kitchen appliances dishes

Glassware & silverware patio furniture barbecues

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THE MESSENGER

WELCOME TO OUR NEWEST MEMBERS

Submitted by Jan Kerr

<u>John Paul Edwards</u> lives in Temecula. He has two children, Molly 12 and Jacob 10. He is a friend of Lisa Glenn. He likes to snowboard, swim, golf and spend time with his children.

<u>Karen Kist</u> lives in Temecula and is a neighbor of Barbara Connor and Edith McCollum. She has 4 grown children and is retired. She likes to garden and sew.

<u>Raul Garcia</u> is married to Catherine Garcia (a member of our church) and they live in Temecula. They have two grown children. Christina Gonzales (a member of our church) is one of their children. Raul and Catherine are raising their nine year old grandson, Jayden. Our hats are off to you grandpa and grandma. When time permits, Raul likes to garden and bowl.

<u>Emily Cavazos</u> lives in Temecula and is a neighbor of Hallie Sebanc. She's a realtor and has a grown daughter. In her spare time, Emily enjoys reading, walking on the beach, and simply enjoys the company of friends.

Robert & Nicci Edmonds live in Perris but are moving to Murrieta in the near future. They have two children, a 14 year old daughter, Jeanette, and a 2 year old son, Robbie. Nicci is already a member of the choir and Robert can be seen "hangin" out with the Monks". They enjoy "living history events". Curious what that is? They would be delighted to tell you.

<u>Jan Clark-George</u> lives in Temecula. She has one grown daughter and is retired. Jan is a friend of Barbara Gaborko. In her spare time, she enjoys shopping, movies, reading and volunteering (did you get that committee chairs?).

<u>Frances Cortese</u> lives in Temecula and is a neighbor of Bea Waite. She met her late husband just prior to WWII. Four years later, after the war, they married and had two daughters and two sons. He died when he was only 37 yrs old and she never remarried. She is "Italian through and through" (her words) and loves to cook and go bowling.

<u>Johanna de Koekkoek</u> lives in Temecula and has two grown sons. She met Bea Waite at the Temecula Senior Center Choir. (Bea, I didn't know you could sing.) Johanna was born in Amsterdam and moved with her family to America in 1962. She enjoys travelling and crafts.

Coffee with the Pastor – Interested in learning about TUMC? Questions for the Pastor? Join Pastor Randy on October 5th at 10am and 11:45am in room 1. It's an opportunity to ask questions, take a tour of the church facility and simply to get to know the pastor in a relaxed, informal setting.

YOUTH NEWS

Summer is officially gone and as we start looking toward fall the Youth Group is back to their regular Sunday night routine. For those of you that are not familiar with the schedule we have the Middle School youth meet by themselves from 5:00 p.m. to 6:00 p.m. and then the Senior High Youth gather and we do games and meetings between 6:00 p.m. to 7:00 p.m. At this time the Middle School Youth leave and the Senior High have their program. These programs are open to all youth in Middle and High School.

Soon we will start planning our Sierra Service Project 2009 trip with a meeting in October to get the information out to you. Remember to be eligible to attend, you must be an incoming 9th grader to graduating senior from high school. At the meeting we will be picking our top three choices of place to go, Navajo Nations is looking good for next year.

If you are interested in working with the youth please get in touch with me as we have places where we can use adult volunteers. We have a need for a Sunday school teacher(s) to work with the youth.

Look at the youth board in the breezeway for upcoming events as well as the youth link on TUMC's website at www.temeculaumc.com. Yours in Christ, Mark

Tips To Support Our Fundraising Program

Many of you already support our scrip fundraiser each month and because of your participation we have raised \$4,600 so far this year. I want to thank each of you for your continued support of this endeavor. Since our finance committee hopes to raise \$8,000 this year through this fundraiser alone, we need more of you to use scrip if we are going to reach that goal. Using scrip is a great habit to get into since it is an easy way to support TUMC without any cost to you. All you have to do is exchange your cash or check for the exact amount in gift cards or certificates and then go shopping with your scrip. Here are a few tips as to how to support our scrip fundraiser at TUMC:

- 1). Make sure that you have linked your grocery club/rewards cards to our church so that your purchases generate rebates automatically. Please consider asking other family members to link their cards as well to TUMC if they are not currently supporting another group. Information on how to link your card(s) is available at the scrip table.
- 2). Use our scrip for the restaurants that you frequent. Our restaurant scrip give us the largest earnings of all. The percentage ranges from 4% to 18%. We have scrip for several fine restaurants such as: Applebee's, California Pizza Kitchen, Cheesecake Factory, Chili's, Claim Jumper, El Torito, Islands, Marie Callender's, Macaroni Grill, Mimi's Café, Olive Garden, On The Border, Outback Steakhouse, Red Lobster, Red Robin, Rosa's Café, and T.G.I. Fridays. Or, consider using scrip for any of our fast food restaurants, such as Arby's, Baja Fresh, Carl's Jr., Chipotle, Del Taco, El Pollo Loco, Jack-in-the-Box, KFC, McDonalds, Subway, and Wendy's. If you visit any of these places once in a while, please use our scrip. Purchasing ahead of time helps ensure that you have the scrip with you when you need it.
- 3). Remember that our scrip makes great gifts for family, friends and co-workers for birthdays, anniversaries, and holiday gifts. Some great gifts might be from Macy's, JCPenney, Marshalls, TJ Maxx, American Eagle, Gap, and Old Navy for clothes and other cards such as Starbucks Coffee, Jamba Juice,

(Continued on page 9)



TOP TEN REASONS TO TRY "YOGA FOR LIFE"

FOR LIFE The health and fitness benefits of Yoga have long been reported by practitioners and are now being confirmed by scientific research. Give Yoga a try and discover what it can do for your body, your mind, and your heart.

YOGA FOR....STRESS RELIEF: Yoga reduces the physical effects of stress on the body. By encouraging relaxation, Yoga helps to lower the levels of the stress hormone cortisol. Related benefits include lowering blood pressure and heart rate, improving digestion and boosting the immune system as well as easing symptoms of conditions such as anxiety, depression, fatique, asthma and insomnia.

YOGA FOR....PAIN RELIEF: Yoga can ease pain. Studies have demonstrated that practicing Yoga asanas (poses), meditation or a combination of the two, reduced pain for people with conditions such as cancer, multiple sclerosis, auto-immune diseases and hypertension as well as arthritis, back and neck pain and other chronic conditions. Some practitioners report that even emotional pain can be eased through the practice of Yoga.

YOGA FOR....BETTER BREATHING: Yoga teaches people to take slower, deeper breaths. This helps to improve lung function, trigger the body's relaxation response and increase the amount of oxygen available to the body.

YOGA FOR....FLEXIBILITY: Yoga helps to improve flexibility and mobility, increasing range of movement and reducing aches and pains. Many people can't touch their toes during their first class. Gradually they begin to use the correct muscles. Over time, the ligaments, tendons and muscles lengthen, increasing elasticity, making more poses possible. Yoga also helps to improve body alignment resulting in better posture and helping to relieve back, neck, joint and muscle problems.

YOGA FOR....INCREASED STRENGTH: Yoga asanas (postures) use every muscle in the body, helping to increase strength literally from head to toe. And, while these postures strengthen the body, they also provide an additional benefit of helping to relieve muscular tension.

YOGA FOR....WEIGHT MANAGEMENT: Yoga (even less vigorous styles) can aid weight control efforts by reducing cortisol levels as well as by burning excess calories and reducing stress. Yoga also encourages healthy eating habits and provides a heightened sense of well being and self esteem.

YOGA FOR....IMPROVED CIRCULATION: Yoga helps to improve circulation and, as a result of various poses, more efficiently moves oxygenated blood to the body's cells.

YOGA FOR....CARDIOVASCULAR CONDITIONING: Even gentle Yoga practice can provide cardio-vascular benefits by lowering resting heart rate, increasing endurance and improving oxygen uptake during exercise.

YOGA FOR....FOCUS ON THE PRESENT: Yoga helps us to focus on the present, to become more aware and to help create mind body health. It opens the way to improved concentration, coordination, reaction time and memory.

YOGA FOR....INNER PEACE: The meditative aspects of Yoga help many to reach a deeper, more spiritual and more satisfying place in their lives. Many who begin to practice for other reasons have reported this to be a key reason that Yoga has become an essential part of their daily lives.

For more information on Yoga and its benefits, visit our website at www.yogaforlife06.com or call the studio at (951) 676-8285.

CLASSES MEET EVERY 1ST, 2ND, AND 4TH THURSDAY OF THE MONTH @ TUMC-10 a.m.-11:15 a.m. YOGA IS FOR EVERYONE AS WELL AS MEMBERS AND NON-MEMBERS OF TUMC. CLASSES AT THE CHURCH ARE FREE! PLEASE JOIN US FOR PEACE OF MIND, BODY, AND SPIRIT! - Blessings, Deb Potts

Stephen's Ministry – Passing the Baton

Submitted by Joyce Little

We wish to thank our Pastor Emeritus, Dr. David French, for his work in teaching and guiding the 13 Stephen's Ministers of TUMC for the past several years. Without his coming out of retirement this valuable program would have become dormant at our church.

Effective September 1, 2008, Judy Hernandez and Joyce Little will become co-chairs and teachers of the Stephen's Ministry classes. Early this spring they will be attending additional training classes that will qualify them to become teachers and supervisors of TUMC Stephen's Ministers.

Stephen was the first layperson the Apostles asked to care for the needs of that early congregation (Acts 6:1-6). These trained laypersons are here to provide help during, illness, grief, loneliness, major changes, and up heaves that come to all of us at one time or another. All contact is confidential even from other Stephen's Ministers.

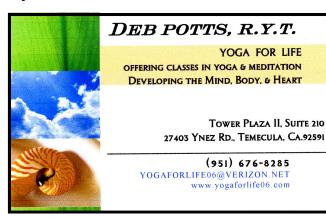
If you or someone you know is in need of a friendly, compassionate ear, we are your group. Just call Joyce Little or Judy Hernandez and they will arrange to meet with you and help you decide who would be the best fit for you. Your brothers and sisters in Christ, Stephen Ministers of TUMC

(Scrip Continued from page 7)

Bed, Bath and Beyond, Crate & Barrel, Edwards Theaters, Barnes & Noble, Bath & Body Works, Jo-Ann Fabric, Michaels, Lowe's, Home Depot, and Amazon.com. Keep these great gift ideas in mind during the holidays.

We keep a variety of scrip on hand so that you can buy it on the spot when you want it. Please check out our scrip list that is enclosed in this newsletter. There are many more gift cards available that you can special order too. You can check out the complete

list from the Great Lakes Scrip Center at their website glscrip.com or at our scrip table any Sunday. God Bless You.





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October 2008							
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5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		

Dates to Remember

10/1 10:00 a.m. Scripture Study w/Pastor 5:30 p.m. Dinner & Wednesday Family Night 6:30 p.m. Trustees 7:15 p.m. Chancel Choir rehearsal 10/2 10:00 a.m. Yoga w/Deb Potts 7:00 p.m. Men's Bible Study 10/4 8:00 a.m. Men's Prayer Breakfast 10/5 World Communion Sunday 9:00 a.m. Bible Study w/Joe Hughes 9:00 a.m. Tagalog Bible Study 11:45 a.m. Coffee w/Pastor 5:00 p.m. Jr. UMYF 6:00 p.m. Sr. UMYF

10/6 9:30 a.m. Food Pantry open 12:00 p.m. Interfaith Council Planning Meeting

10/7 9:30 a.m. Ladies' Bible Study

10/8 10:00 a.m. Scripture Study w/Pastor5:30 p.m. Dinner & WednesdayFamily Night

7:15 p.m. Chancel Choir rehearsal

10/9 10 a.m. Yoga Class w/Deb Potts7:00 p.m. Men's Bible Study

10/10 9:00 a.m. Craft Faire setup

10/11 8:00 a.m. Craft Faire until 3:30 p.m.8:00 a.m. MONKS Monthly MeetingContact Steve Minder for location

10/12 9:00 a.m. Bible Study w/Joe Hughes 9:00 a.m. Tagalog Bible Class 3:00 p.m. *His Voice* Concert

10/13 9:30 a.m. Food Pantry open 7:00 p.m. *Messiah* rehearsal

10/14 9:30 a.m. Ladies' Bible Study

10/15 10:00 a.m. Scripture Study w/Pastor 5:30 p.m. Dinner & Wednesday Family Night

7:15 p.m. Chancel Choir rehearsal

10/16 10:00 a.m. UMW General Meeting & luncheon

7:00 p.m. Men's Bible Study 7:15 p.m. Stephen Ministry 10/17 1:00 p.m. Vance Tzchanz Memorial Service

10/18 8:00 a.m. Men's Prayer Breakfast

10/19 9:00 a.m. Bible Study w/Joe Hughes 9:00 a.m. Tagalog Bible Study 5:00 p.m. Jr. UMYF 6:00 p.m. Sr. UMYF

10/20 9:30 a.m. Food Pantry open

10/21 9:30 a.m. Ladies' Bible Study 7:00 p.m. Finance Committee

10/22 10:00 a.m. Scripture Study w/Pastor 1:00 p..m. Membership & Evangelism 5:30 p.m. Dinner & Wednesday Family Night

7:15 p.m. Chancel Choir rehearsal

10/23 10:00 a.m. Yoga Class w/Deb Potts 7:00 p.m. Men's Bible Study

10/24 9:00 a.m. Yard Sale set up

10/25 7:00 a.m. All Church Yard Sale

10/26 9:00 a.m. Bible Study w/Joe Hughes 9:00 a.m. Tagalog Bible Class 5:00 p.m. Jr. UMYF

6:00 p.m. Sr. UMYF 10/27 9:30 a.m. Food Pantry open

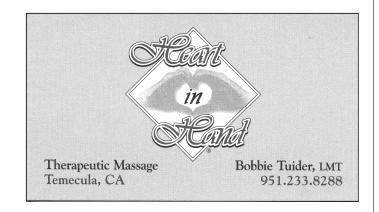
7:00 p.m. *Messiah* rehearsal 10/28 9:30 a.m. Ladies' Bible Study 6:00 p.m. Staff Relations

7:00 p.m. Church Council

10/29 10:00 a.m. Scripture Study w/Pastor 1:00 p.m. UMW Executive Board 5:30 p.m. Dinner & Wednesday Family Night

7:15 p.m. Chancel Choir rehearsal

10/30 7:00 p.m. Men's Bible Study



	<u>Oct 5</u>	Oct 12	Oct 19	Oct 26	
USHERS 9:00 a.m.	John Weaver Bret Argenbright Milton Takeguchi Ethel Takeguchi	Monks	Youth	Oscar Loud Thelma Loud John Dubots Mark Cunningham	
USHERS 10:30 a.m.	Boni Gulla Richard Sharpe Dan Gutierrez John Cloutier	Monks	Youth	Ashley Lewis Janet Galbraith Dick Mohammed Ken Wilson	
LITURGISTS 9:00 a.m. 10:30 a.m.	Claire Chapman- Wright Mat McIntosh	Monks Monks	Youth Youth	Sandy Dodson Joyce Little	
GREETERS 9:00 a.m. 10:30 a.m.	Janice Fallman Jeanne Ambrose	Monks Monks	Youth Youth	Beryl Murray Opal Bendikson	
SOUND TECH 9:00 a.m.	Mark McCullough	Brian Severns	Youth	Mark McCullough	
10:30 a.m.	Vicki Cloutier	Ken Boyle	Youth	Frank Benson	

If you cannot serve as assigned, please call John Weaver or John Cloutier for ushers and Bea Waite for liturgists & greeters .



Emily C Cavazos, Realtor Cell# 951.757.2910 EMILYCC@PRUSD.COM



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THE MESSENGER

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